

Gender Equality Resources for Teachers



According to the [UN](#), a world in which every woman and girl enjoys full gender equality, and where barriers to their empowerment have been removed, remains unrealized. These resources will support teachers' professional understanding of sex-based inequalities and provide classroom activities to explore this with learners.

All the resources here are accessible online [via the linked titles and images](#).

1. PROFESSIONAL LEARNING



A Scotland-based campaigning organisation working to prevent violence against women. Their **website** has blogs, briefing papers & user-friendly advice pages to support practitioners' understanding of gender inequality as a root cause of violence against women. Their Children and Young People pages provide early years practitioners with materials exploring gender equal play. Their Under Pressure training tool, for use with young people, explores challenging topics such as 'grooming' and 'sexual exploitation', engaging in healthy consent-based relationships, and the pressures to conform to idealised models of 'how to be' men & women.



Challenging misogynistic attitudes among children and young people

This **report** for all teachers explores the existence of misogynistic attitudes and behaviour in Scotland's schools. It covers a range of topics including findings on misogyny in Scottish education, the impact this can have and strategies to combat these attitudes and behaviours. This is an important resource for teachers in their role to help create positive change for the benefit of everyone.



Plan International work to advance children's rights and equality for girls globally. Their **activist hub** provides a wide range of how-to guides and videos for young people on topics such as challenging discrimination and taking activism online. Their Girls Get Equal Toolkit is a rich source of accessible materials for teachers, young activists and changemakers to explore issues of gender inequality and find inspiring ways to take action.



Teachers looking to begin their engagement and learning about gender inequality will find this two page **fact sheet** from Save the Children a useful quick starter tool. It outlines the six Gender Equality Principles that guide Save the Children's work globally, as well as an overview of their Gender Sensitive and Gender Transformative programming. It also covers some of the work Save the Children carry out internationally in support of gender equality.

1. PROFESSIONAL LEARNING



HeForShe



HeForShe is a UN-led global solidarity movement which aims to support an exploration of how men and boys can be allies in the journey towards gender equality. The **website** provides case studies, reports and toolkits for action. The high quality material includes short videos which could be useful for exploration in a classroom context, for example, the case study on ending child marriage in Malawi.

NACWG: National Advisory Council on Women and Girls



NACWG exists to advise the First Minister on how to tackle gender inequality in Scotland. The **website** includes a wealth of resources: the NACWG manifesto on equality for all, case studies and provocation pieces. One example of the topics these cover is the connection between gender inequality and mental health.

Opening Doors

A guide to good practice in countering gender stereotyping in schools

Institute of Physics

This detailed **report** focuses on the management, organisation and structure of schools and how they can be adapted to ensure an ethos of gender balance which comes from the top down. The resource shares concise real-life examples of good practice to recognise gender bias and improve gender balance in schools. There is a suggested example of good practice for every area covered.

GENDER EQUALITY AND EMPOWERMENT OF WOMEN AND GIRLS IN THE UK

Meeting the challenge of the Sustainable Development Goals

There is a wealth of data-led information in this British Council **report** charting progress within SDG 5 in the UK. It covers five main headings: Power, Participation and Leadership; Education; Economy; Justice and Violence against Women and Girls; Culture. It outlines many case studies showing examples of good practice in the UK and the global south, many of which could be adapted for use with senior phase learners.



1. PROFESSIONAL LEARNING

IMPROVING GENDER BALANCE

Case studies Countering gender stereotypes in schools and early years education

This collection of **case studies** focuses on improving gender balance and countering gender bias and stereotypes within the school setting. It is suitable for both primary and secondary. There is a focus on STEM, and is also useful for senior management, whole school initiatives and could be adapted for different departments in Secondary schools.



Misogyny in Schools: Guidance for Teachers

Based on research with parents and children, Internet Matters has created a **guide** for teachers on misogyny. It includes accessible information on the impact of online misogyny, the 'manosphere' and Andrew Tate, alongside practical tips on challenging misogynistic views in schools. There's more information and resources available on this website, including a great interactive quiz to help young people recognise how gender stereotypes can impact them in online spaces.



2. CLASSROOM RESOURCES

WOMEN'S HUMAN RIGHTS: ACTIVITIES & RESOURCES

Second,
Third &
Fourth
Levels

Six lessons from Amnesty International focused on women's rights and gender equality. Topics explored include gender stereotyping, online gender based violence, women and unpaid care work, abortion and human rights, and women and active resistance.

**AMNESTY
INTERNATIONAL**

Mission: Gender Equality

Because **I am a Girl**

**PLAN
INTERNATIONAL**

**WORLD'S
LARGEST
LESSON**

**5 GENDER
EQUALITY**

Third
Level

This practical **lesson plan** from Plan International's 'Because I am a Girl' campaign is suitable for use in S1-S3. It explores some of the causes and consequences of gender inequality and provides practical support to promote gender equality. The **wider campaign** aims to transform girls' lives through education, and is underpinned by the Sustainable Development Goals.

2. CLASSROOM RESOURCES

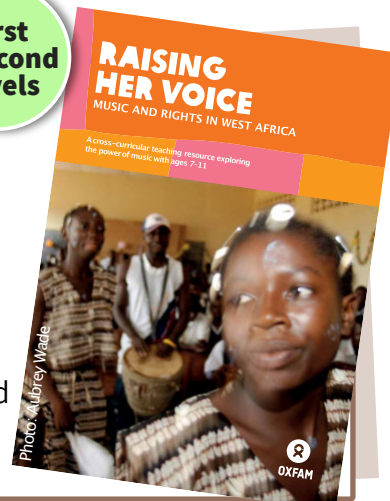
RAISING HER VOICE

MUSIC AND RIGHTS IN WEST AFRICA

Explore the power of music with this teaching resource for ages 7–11

First & Second Levels

‘Raising Her Voice’ is a series of first and second level **lesson plans** from Oxfam which use an inter-disciplinary learning approach to explore how women's and girls' rights are denied in West Africa. Rooted in the culture, music and stories of women and girls in this part of the world, learners will explore the power of music to make these voices and the need to protect their rights heard. This detailed resource includes teacher overviews, lesson outlines, pupil sheets, background notes and a PowerPoint presentation.



Third & Fourth Levels

FIGHTING FOR A BETTER FUTURE

This short YouTube **video** features interviews with a group of women in Zimbabwe, who are working to challenge the unfair traditional social structures which have seen domestic labour fall to women at the expense of their education and economic empowerment. This is part of a wider Oxfam programme, ‘Women’s Economic Empowerment in Agriculture’ aimed at advancing women’s economic empowerment in the global south. The videos and other materials could be useful for third and fourth level learners.

First, Second & Third Levels

International Women’s Day

The International Women’s Day **website** contains a wealth of colourful, concise and informative resources which explore gender stereotypes and case studies of inspiring female role models. There are quick activity ideas for International Women’s Day, which can be adapted to suit your class and topic and there are a variety of thought-provoking videos which can be used in addition. The videos on their #ChooseToChallenge page are an exciting stimulus for classroom-based discussions on issues of gender inequality and stereotyping.



Gender Equality through citizenship

‘Gender Equality through Citizenship’ is a British Council **teaching resource** designed to support learners’ understanding of the causes and potential solutions of gender inequality, framing the topic within Sustainable Development Goal 5: Gender Equality. The six lessons draw on a range of global contexts and examples and are suitable for upper primary and early secondary learners.



Second & Third Levels



Many thanks to the focus group of teachers from schools in Glasgow and East Renfrewshire who helped us select and review these resources.

Thanks to Oxfam for funding the creation & design of this resource

